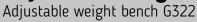
# Adjustable weight bench BH





R.R.P.

Its multi-position design allows you to adjust the backrest, including a recline option, bringing versatility to your workout routine. With the ability to adjust the seat both horizontally and vertically, this bench offers exceptional adjustability. It includes two rollers that can be removed from the bench.



Max. user weight:: 140kg

Weight: 33kg

Dimensions::180 x 61

x 132cm

Máx. load: 360kg



## **DEGREE OF INCLINATION**

Visual markings indicating the inclination or recline of the bench backrest.



## **ADJUSTABLE SEAT INCLINATION**

Regulates the seating arrangement. seat. Adjusts the recline and horizontal position of the position of the seat.



## **ADJUSTABLE SEAT HORIZONTAL**

The seat can be adjusted horizontally horizontal adjustment which together with the removable rollers offers even more options.



### **VERSATILITY**

The various adjustments combined with the two adjustable rollers allow the development of many exercises.