

THAMES SERIES

I.THAMES R311

BH

R.R.P.

Rowing machines




Compact and manageable, the i.Thames offers all the features you need to practice your paddling exercise along with the connectivity of the i.Concept FTMS system.



Monitor

Measurements:

Time, paddles, distance, ODO, calories, level.

-  Max. user weight: 120 kg
-  Weight: 25 kg
-  Dimensions: 162x48x61 cm



i.CONCEPT FTMS

Enjoy the competition on your favourite simulators during training.



CENTRE-PULL ROWING ACTION

Extremely direct paddling.



LED MONITOR

The i.Thames includes a very intuitive and functional LED display.



MAGNETIC BRAKE SYSTEM

It allows a smooth and silent training with different tensions, with hardly any maintenance.



Specs	i.Thames R311
Use frequency	Regular
Maximum user weight	120kg
Flywheel weight	5,5kg
Length	162cm
Width	48cm
Height	61cm
Weight	25kg
Resistance levels	32
Programmes	3
Additional exercise	Yes
Screen	LCD screen

 Notes